





# AMY'S RIDE SA




SUNDAY

6 NOVEMBER 2016

## MAP KEY



-  125KM - GRANDE
-  100KM - CLASSIC
-  70KM - CHALLENGE
-  35KM - COAST TO VINES EXPRESS
-  30KM - COAST TO VINES EXPRESS
-  12KM - FAMILY SHIRAZ TRAIL

-  Refreshment Station
-  Toilets
-  Water Tap

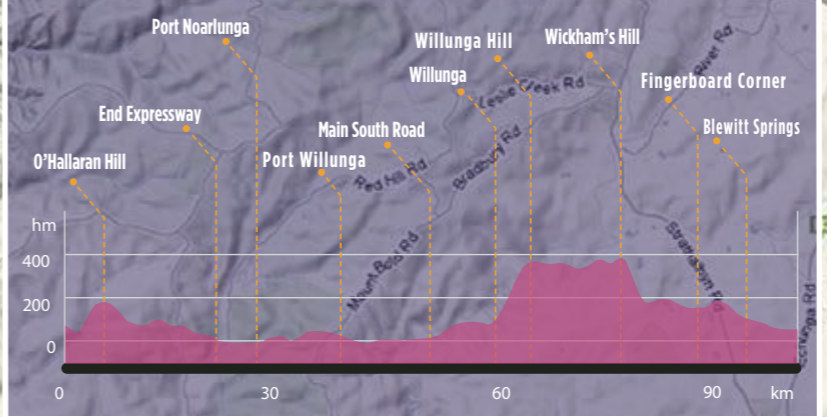


Flinders University  
START: 8.00am  
35/70/100/125KM

O'Halloran Hill  
START: 8.30am 30KM

SERAFINO WINERY  
START: 9.15am, 12km  
FINISH: All routes

Old Willunga Hill Rd  
Time limit applies  
1.00pm cut off



## ROUTE INFORMATION

**125KM GRANDE**  
The Grande takes riders up Old Willunga Hill twice. Yes, if you want to test yourself like the professionals, you can double up on our biggest challenge ever. (time limits apply)

**100KM CLASSIC**  
If you don't get out of bed for anything less than 100km and you quite like the idea of riding the Southern Expressway as well as having a crack at the famous Willunga Hill, then you're in luck, because this ride's for you.

**70KM CHALLENGE**  
If riding the Southern Expressway is thrilling enough and you're not really a hill-climbing person, then the 70km option is the go. Factor in some picturesque coastal roads - plus a well-earned glass of the local drop and some fine food at the finish - and you have yourself the perfect ride.

**35KM COAST TO VINES EXPRESS**  
Riders young and old can join the masses along the Southern Expressway for the 35km option - including O'Halloran Hill at the beginning of the expressway. Before you know it finish at McLaren Vale, triumphant in the sun.

**30KM COAST TO VINES EXPRESS**  
The Southern Expressway starts with a challenging hill climb. If you would prefer not to ride it, you may instead start at the top of the hill. You still ride along the Southern Expressway, but from its intersection with Majors Road, O'Halloran Hill. This cuts out 5km from the total distance and makes for an easy start.

**12KM FAMILY SHIRAZ TRAIL**  
The Shiraz Trail takes riders from McLaren Vale to Willunga and back along a sealed off-road path, passing vineyards producing world-class McLaren Vale wine. This ride is perfect for families with young children.



Amy Gillett FOUNDATION  
Safe together